# Summercamp Papendal 2024 July 12 - 15



Since 1968, after Shihan Loek Hollander was instructed by Sosai Oyama to build Kyokushin in Europe, every year a summer camp has been organized under the leadership of Shihan Loek Hollander. The first camp was held in Ermelo in the presence of Sosai Oyama.

Since then, almost all the following summer camps have been held at the National SportsCenter Papendal nearby Arnhem. It is true that this summer camp, also known under the name of Papendal, has become a tradition for Kyokushin karateka. Not only in the Netherlands, but also in the rest of Europe and worldwide. Papendal has become known as the most challenging Kyokushin camp in the world. Together we are searching and pushing our limits both physically and mentally in the spirit of OSU and training just in the Kyokushin way as Sosai ment Kyokushin to be.

#### **General information**



Check in: Friday July 12 between 10.30 and

13.00

First training: Friday July 12 14.00

Check out: Monday July 15 before 10.00

Accommodations include all meals from dinner on Friday till breakfast on Monday. The food served is especially selected for sportsman. Services and facilities in your hotel room: two single beds, bath or shower, toilet, flat screen TV, safety deposit vault and free WIFI. Papendal has exquisite training facilities and there is also sauna available.



## Grading

The international summer camp offers the opportunity to take part in an exam for the next degree. The grading will be held according the KWF-rules.

According to the KWF rules about dan degree exams you have to bring the necessary documents: authorization to do exam from your teacher, first aid certificate, judge or referee certificate, your Kyokushin passport, lifetime membership card and 2 passport sized photograph in dogi.

Payment for the exam is as follows:

€ 15. = 10<sup>th</sup> – 3<sup>rd</sup> Kvu € 30. = 2<sup>nd</sup> Kyu 1<sup>st</sup> Kvu € 40. =

1st Dan

KWF registration fee € 50, =

Certificate and belt Shodan € 200. = Nidan € 250, =

Sandan € 300, = etc.

(if you do not pass, this will be refunded)



## How to make reservations — Click HERE or:

#### **PRICES**

Twin Room € 320, = p.p. Single Room € 450, = p.p.

To make a reservation, pay the total amount for the accommodation of your choice (price as seen on the left)

Transfer the money to: Nederlandse Karate Kyokushin Organisatie Rotterdam – Nederland IBAN: NL27 ABNA 0482961619 **BIC CODE: ABNA NL2A** 

> Address: **NSC Papendal** Papendallaan 3 6816 VD ARNHEM The Netherlands

